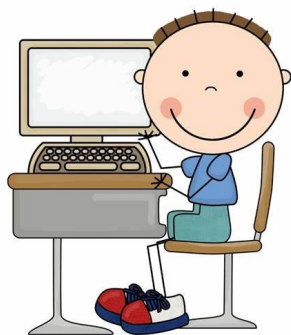


## The SHARP System

The SHARP system is a safe and confidential way to stop you, a friend or someone you have seen suffering. system which can be found on the school website.

<http://stmarysca.thesharpsystem.com>



## Why are we against bullying?

Everyone has the right to be treated with **RESPECT**

**Everyone** has the right to feel **HAPPY** and **SAFE**.

No-one deserves to be a victim of bullying



## Anti- Bullying Guide for Children



Written by the School Council  
December 2022

## What is bullying?

Bullying is when someone is repeatedly mean to you and hurts you or your feelings. This may happen on line or in person.



## Bullying can be...

- Name calling
- Hitting,
- Pushing,
- Leaving people out
- Teasing
- Talking about others

## Bullying happens...

Several  
Times  
On  
Purpose

## What to do...

Start  
Telling  
Other  
People



## Who can I tell?

- \* A teacher
- \* A parent
- \* A friend
- \* A lunch time supervisor
- \* Any other trusted adult

Mrs  
Scarlett



I am Mrs Scarlett and I am here to listen and support you with your worries or any difficulties that you might be experiencing at school or at home. I want you to feel safe, cared for and happy so that you can reach your full potential in life.

There is always a warm welcome and a smile waiting for you.

