



School Council Anti-Bullying Policy St Mary's and Our Lady of Grace Catholic Academies

Our Vision

*"Many Hearts, One Accord"
"Do whatever He tells you"*

*Many hearts, one accord: In God's love we grow and
learn together to build the kingdom of God.*

*'Doing as He tells us: in God's love we learn and grow
together to build the kingdom of God.*

(School Mission Statement)



What We Believe About Bullying

We are committed to providing a caring, friendly and safe environment for all of our pupils so they can learn in a relaxed and secure atmosphere. Bullying of any kind is unacceptable at our school. If bullying does occur, all pupils should be able to tell and know that incidents will be dealt with promptly and effectively. We are a TELLING school. This means that anyone who knows that bullying is happening is expected to tell the staff also.

What Is Bullying?

Bullying is hurting another person deliberately and persistently. Bullying results in pain and distress to the victim.

What Forms Does Bullying Take?

- Name calling – (including using bad language);
- Physical pushing, kicking, hitting, punching or any use of violence;
- Damaging or taking other people's property;
- Persistent mental cruelty;
- Racist remarks;
- Spreading rumours;
- Teasing;
- Not allowing others to play with you;
- Discrimination;
- Hurting feelings;
- Cyber bullying – email, internet and mobile phones
- Gaming platforms

Why Is It Important to Respond to Bullying and STOP Bullying?

- Bullying hurts;
- Bullying ruins lives;
- No one deserves to be a victim of bullying;
- Everybody has the right to be treated with respect;

- So that people will know what to do and bullying can be dealt with;
- The school will be a better place;
- To make our school a safer place;
- To stop people being bullied and help the bullies become better people;
- So that everyone is confident about school.
- To promote positive mental health and well – being for everyone.

Objectives Of This Policy

- All governors, teaching and non-teaching staff, pupils and parents should have an understanding of what bullying is;
- All governors and teaching and non-teaching staff should know what the school policy is on bullying, and follow it when bullying is reported;
- All pupils and parents should know what the school policy is on bullying, and what they should do if bullying arises;
- As a school we take bullying seriously. Pupils and parents should be assured that they will be supported when bullying is reported;
- Bullying will not be tolerated;
- Everyone needs to take responsibility for bullying.

Signs and Symptoms

We think that children may indicate by signs or behaviour that he or she is being bullied. Adults should be aware of these possible signs and that they should investigate if a child:

- Is frightened of walking to or from school;
- Doesn't want to come to school;
- Is alone all the time;
- Not doing well in lessons;
- Doesn't want to talk to anyone;
- Is aggressive;
- Shows unusual behaviour;
- Appears depressed;
- Becomes withdrawn anxious, or lacking in confidence;
- Feels ill in the morning;
- Has possessions which are damaged or "go missing";
- Has unexplained cuts or bruises;
- Is bullying other children or siblings;
- Stops eating;
- Is frightened to say what's wrong.
- Lack of sleep or nightmares
- Someone who is doubting and over thinking scenarios
- Not attending additional after school clubs

What Do We Do at St. Mary's and Our Lady of Grace to Prevent Bullying?

- School Council Anti Bullying Policy
- Class / School / Playground Rules
- SMART Expectations – **We Act like Jesus**
- School Rules – **We show Respect**
- Relationship's Policy
- Displays;
- Congratulations Assembly to make children feel confident
- Certificates, house points and stickers
- Achievement points for politeness and good behaviour
- Friendship Stop
- PSHE lessons (Including RSE)
- Circle Time
- Work and activities during Anti-Bullying Week
- Playground Leaders.
- Sharp system

What Happens at Our School If Bullying Is Discovered?

It is important to tell someone so that the school can help. Report bullying incidents to staff, all incidents will go to a senior member of staff.

At St. Mary's: Mrs Rathbone / Mrs Statham
Safeguarding Leader/inclusion: Mrs Scarlett
Foundation Stage – Miss Molloy
KS1 – Mrs Scattergood
KS2 – Mr Spencer

At Our Lady of Grace: Mrs Rathbone or Mrs Davis
Safeguarding Leader/inclusion lead: Mrs Scarlett

The staff will fill in a form or ask you to write down what has happened. This then is passed onto Mrs Rathbone, Mrs Statham or Mrs Davis. We will speak to all the children involved and talk to them about how they are feeling and ask them to listen to each other and try to reach a way forward. In serious cases parents should be informed and will be asked to come in to a meeting to discuss the problem. Support will be given to the person / people who have been bullying so that they can understand their feelings and change their behaviour. However, there will also be a consequence for their behaviour for them to reflect on their behaviour and so that everyone else can understand that bullying is serious.

What To Do If You Are Being Bullied?

- Walk away;
- Always tell someone;
- Use the Sharp system
- Remember you are not alone;
- If you see someone being bullied, try and help but do not get involved, tell someone;
- Ask the bully to stop.
- If you don't feel confident you could ask someone to advocate for you.

A Message to Those Who Are Bullied

We promise to do our best to help in all different ways, to stop you from feeling alone. We will try to treat each other fairly and kindly. We want to stamp out bullying.

A Message to The Bullies

We will work together to stamp out bullying!
We will all work together until you STOP!

St. Mary's Catholic Academy and Our Lady of Grace Catholic Academy
School Councils
January 2026