

St Mary's Catholic Academy



After School Enrichment Activities

Autumn 1

15/09/2025 – 24/10/2025





St Mary's Catholic Academy

Clubs start w/c Monday 15th September 2025
and will finish Friday 24th October 2025

Here at St Mary's we plan and deliver an abundance of meaningful opportunities outside of the classroom to broaden children's horizons. Through the delivery of extra curricular activities we aim to provide children and families extra support, opportunities, and activities beyond the school day. These activities help children learn new skills, stay active, and build confidence in a safe and fun environment. They also support families by offering childcare, clubs, and community programs that make school a place where everyone can learn, grow, and thrive together.

This booklet outlines all the clubs available this half term.



Faith Formation and Reflection

Faith formation and reflection clubs will help children to develop the following values:

- ▶ To trust in God's love and grow in our relationship with Him through prayer, learning, and reflection.
- ▶ To follow Jesus' example by showing love, respect, and kindness to everyone.
- ▶ To support one another, build friendships, and grow together as part of God's family.
- ▶ To take time to pray, listen to God, and reflect on how we can live our faith every day.
- ▶ To learn more about our Catholic faith, the Bible, the Saints, and how to live as disciples of Jesus.
- ▶ To look for ways to help others, just like Jesus taught us, showing care and compassion in our actions.
- ▶ To celebrate the joy of being children of God and share that joy with others through our words and actions.
- ▶ To take time to slow down, and find quiet moments to feel calm and peaceful.
- ▶ To pay attention to the present moment and noticing what we think, feel, and see.
- ▶ To take the time to be thankful for God, people, things, and moments that bring us joy.
- ▶ To learn to notice our thoughts and emotions, helping us make calm and caring choices.
- ▶ To look for the good in ourselves and the world around us, and we spread joy wherever we go.

Creative Clubs

Creative activities will help children to develop the following values:

- ▶ To explore, investigate and experiment with a range of stimuli, techniques, approaches, materials and media
- ▶ To create, design, devise their individual and collective work
- ▶ To present and display work, to develop and communicate ideas and evoke responses
- ▶ Use art-specific vocabulary to respond to, evaluate, explain, analyse, question their own and other peoples artistic works
- ▶ To enable children to develop a wide range of skills through a variety of creative activities
- ▶ To extend imagination through both knowledge and practical skills
- ▶ To enable children opportunities to develop physical, intellectual, emotional and social skills through the exploration of various and/or specific mediums
- ▶ Promote the development of technical knowledge and skills
- ▶ To raise self-esteem and develop confidence
- ▶ To develop more able and talented children

Health and Fitness

Sport & Fitness clubs will help children to develop the following values:

- To enable children to develop a wide range of basic and ongoing knowledge and skills through a variety of sports and fitness activities.
- To build confidence, self-expression & collaborative learning through the experience of team work
- To build self-confidence and social skills through the development of associated physical skills and to play/work together co-operatively through group work
- To enable pupils the opportunity to experience and share roles and responsibilities
- To support self-esteem and help children to recognise their self-worth
- To have fun learning a new skill
- To provide opportunities for children to promote and represent the school to a wider audience

Curriculum Clubs

Curriculum Clubs will help children to develop the following values:

- ▶ To enable children to develop a wide range of skills through a variety of intellectual and challenging activities
- ▶ To build self-confidence through the development and achievement of completing challenging, but fun tasks
- ▶ To develop more able and talented children
- ▶ To support self-esteem and help children to recognise their self-worth
- ▶ To enhance the pupils mathematical learning in a fun and engaging way
- ▶ Teamwork is promoted through their choice to collaborate with other children
- ▶ To develop skills on how to use a computer
- ▶ To foster an interest and love of books, stories and writing

Performing Arts Clubs

Performing Arts Clubs will help children to develop the following values:

- ▶ To be confident when performing songs, dances & drama
- ▶ To persevere when tasks are challenging
- ▶ To have fun learning something new!
- ▶ To develop hand-eye co-ordination, core strength and balance
- ▶ To work as part of a team
- ▶ To share ideas and feel confident when doing so

Dance

- ▶ YEAR GROUP: Year 3, 4, 5, 6
- ▶ CLUB LEADER: Mr Case
- ▶ DAY/TIME: Monday 3:15 – 4:15
- ▶ 1 Children's University credit per week



Come along to Street Dance with Mr Case to learn how to dance with energy, rhythm, and style. The club helps you get better at dancing, stay active, and have fun with friends.



PERFORMING ARTS

Journalist Club

- ▶ YEAR GROUP: Year 5, 6
- ▶ CLUB LEADER: Miss Kealey
- ▶ DAY/TIME: Thursday 3:15 – 4:15
- ▶ 1 Children's University credit per week



A Journalist Club is a fun group where children learn how to write news stories, ask good questions, and share exciting things happening in our school. You will become reporters, photographers, or editors, and work together to create school newsletters, magazines, or blogs. It's a great way to be creative, learn new skills, and tell important stories!



CURRICULUM CLUBS

Songbirds

- ▶ YEAR GROUP: Year 1, 2, 3
- ▶ CLUB LEADER: City Songbirds / Mr Hayes
- ▶ DAY/TIME: Tuesday 3:15 – 4:00
- ▶ 1 Children's University credit per week



Come along to Songbirds every Tuesday to learn songs, sing with others, and have fun making music. Sometimes, you will get to sing on stage for your family and friends. It's a great way to enjoy music and make new friends!



PERFORMING ARTS

Minnie Vinnies

- ▶ YEAR GROUP: Year 3 - 6
- ▶ CLUB LEADER: Mrs Fenton
- ▶ DAY/TIME: Tuesday 3:15 – 4:15
- ▶ 1 Children's University credit per week

Mini Vinnies group is part of the St Vincent de Paul Society and teaches children to care for people in need. In the group, you will pray together, learn about kindness and charity, and take part in activities to help our school, parish, and community. Mini Vinnies shows that even small acts of love can make a big difference!



**FAITH FORMATION AND
REFLECTION**

Cross Country

- ▶ YEAR GROUP: Year 3, 4, 5, 6
- ▶ CLUB LEADER: Mrs Lindop
- ▶ DAY/TIME: Tuesday 3:15 – 4:00
- ▶ 1 Children's University credit per week



In cross country you will learn how to pace yourself, build strength, and enjoy running with your friends. The club helps you get better at running while having fun in nature. It's a great way to stay healthy, make new friends, and enjoy the fresh air!

You will also have the opportunity to represent St Mary's at the cross country competitions.



HEALTH AND FITNESS

Basketball

- ▶ YEAR GROUP: Year 3, 4, 5, 6
- ▶ CLUB LEADER: Port Vale & Mrs Massey
- ▶ DAY/TIME: Wednesday 3.15pm – 4.15pm
- ▶ 1 Children's University credit per week

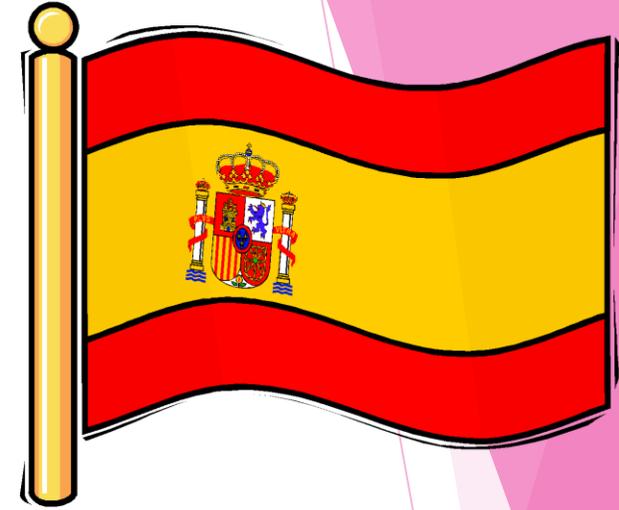


A basketball club is a fun place where you can learn how to play basketball, make friends, and stay active. You'll practice skills like dribbling, passing, shooting, and working as a team. There are fun games, team activities, and lots of chances to play and learn. It's a great way to have fun, get better at basketball, and enjoy being part of a team!



HEALTH AND FITNESS

Spanish Club



- ▶ YEAR GROUP: Year 5, 6
- ▶ CLUB LEADER: Mrs Gutierrez-Rey / Mrs Parrish
- ▶ DAY/TIME: Wednesday 3:15 – 4:15
- ▶ 1 Children's University credit per week

A Spanish Club is a fun group where children learn to speak and understand Spanish through games, songs, stories, and activities. You will explore Spanish words, culture, and traditions in a fun and exciting way. It's a great way to enjoy learning a new language and discover more about the world!



CURRICULUM CLUBS

Young Voices

- ▶ YEAR GROUP: Year 4, 5, 6
- ▶ CLUB LEADER: Mrs Amison
- ▶ DAY/TIME: Wednesday 3:15 – 4:15
- ▶ 1 Children's University credit per week



Imagine singing as part of a choir of up to 9,000 children in a major arena (The largest choir in the world!)

Young Voices gives you the chance to perform in a world-class arena alongside amazing artists – a huge boost to confidence, teamwork and motivation. The chosen songs are fun, upbeat and uplifting and energising. You will also learn some dance moves with Andy and his team from Urban Strides.



PERFORMING ARTS

Cycling

- ▶ YEAR GROUP: Year 1 and Year 2
- ▶ CLUB LEADER: Miss Molloy / Miss Wallace
- ▶ DAY/TIME: Thursday 3.15pm – 4.15pm
- ▶ 1 Children's University credit per week



In the cycling club you will learn how to ride safely, steer, brake, and balance like a pro. Fun games and group rides will help you practise and learn new skills It's a great way to make new friends, get better at biking, and have lots of fun! **You will need to bring your own bike and a helmet.**



HEALTH AND FITNESS

Draughts Club

- ▶ YEAR GROUP: Year 3, 4
- ▶ CLUB LEADER: Mr Spencer
- ▶ DAY/TIME: Thursday 3:15 – 4:15
- ▶ 1 Children's University credit per week

Come along to Draughts Club to learn how to play draughts, practice your moves, and play friendly games with others. Draughts Club will help you think carefully, plan ahead, and enjoy friendly competition. Everyone is welcome, whether you're a beginner or already know how to play!



CURRICULUM CLUBS

Homework Club

- ▶ YEAR GROUP: Year 3, 4, 5, 6
- ▶ CLUB LEADER: Mrs Statham
- ▶ DAY/TIME: Friday lunchtime



Come along to Homework Club to start your homework and feel proud of your learning. The teachers are there to help if you need support, and you can work with your friends too.



CURRICULUM CLUBS

Multi Skills

- ▶ YEAR GROUP: Reception, Year 1 and Year 2
- ▶ CLUB LEADER: Port Vale & Mrs Statham
- ▶ DAY/TIME: Friday 3.15pm – 4.15pm
- ▶ 1 Children's University credit per week



Multi-skills activities are fun games that help you learn and practice lots of different things at once! You might run, jump, throw, catch or balance. These activities help you get stronger, move better, and work well with your friends. You'll have a great time playing and learning new skills without even realizing it!



HEALTH AND FITNESS

Rosary Club

- ▶ YEAR GROUP: Year 1 – 6
- ▶ CLUB LEADER: Mrs Massey
- ▶ DAY/TIME: Wednesday 1st October – Friday 24th October Daily 8:30 – 8:40

A Rosary Club is a special time to come together to pray the Rosary and grow closer to Jesus and Mary. In the club, you will learn how to pray the Rosary, understand the Mysteries, and reflect on the life, death, and resurrection of Jesus. You will also learn about the Blessed Virgin Mary and the power of prayer. It's a joyful and peaceful time to deepen your faith, share with friends, and become closer to God through prayer.



**FAITH FORMATION AND
REFELCTION**



Children's University



The Children's University is an International critically-acclaimed charity which encourages all children aged 5 to 14 years to try new experiences, develop new interests and acquire new skills through participation in innovative and creative Learning Activities outside of the school day.

Learning Activities are designed to:

- Raise aspirations, self-esteem & confidence
- Encourage curiosity and a love of learning
- Enhance motivation and build resilience
- Introduce new life experiences
- Offer progression in learning and personal skills development

From Year 1 the amount of hours spent in after school clubs are recorded. It is the learning hours (credits) achieved that lead to the award of a Children's University Certificate.

Children are awarded 1 credit for each after-school session they attend. They can also gain credits for educational visits and supporting the school in after school events. Children can also achieve credits if they attend clubs outside of school if they are accredited with the Children's University.

Children will receive a certificate each year dependent upon the number of credits they have, and if they have achieved the next award.

Certificates start at

Bronze Certificate – 30 credits

Silver Certificate - 65 credits

Gold Certificate – 100 credits

And continue onto Awards, Degrees & Diplomas



Children's University



Which Children's University certificate and badge will you receive?

Children's University Certificate Level	Bronze	Silver	Gold
Children's University Award	30 hours 	65 hours 	100 hours 
Children's University Certificate	130 hours 	165 hours 	200 hours 
Children's University Diploma	230 hours 	265 hours 	300 hours 
Children's University Degree	330 hours 	365 hours 	400 hours 
Children's University Postgraduate Award	430 hours 	465 hours 	500 hours 
Children's University Postgraduate Certificate	530 hours 	565 hours 	600 hours 
Children's University Postgraduate Diploma	630 hours 	665 hours 	700 hours 
Children's University Masters Degree	730 hours 	765 hours 	800 hours 
Children's University Doctorate	830 hours 	865 hours 	900 hours 
Children's University Fellowship	930 hours 	965 hours 	1000 hours 