

# **CLOTHING AND EQUIPMENT LIST**

## **CLOTHING**

**Please ensure all clothes and shoes are named.**

Minimum Clothing Requirement when on  
**Outdoor Activities** as part of the  
programme:

2 pairs of old trainers  
3 pairs of old tracksuit bottoms / leggings  
3 (at least) long-sleeved tops/ sweatshirts  
t-shirts  
1 or 2 fleece tops  
1 waterproof/shower- proof/rain jacket  
Socks  
Nightwear  
Underwear

**Footwear:** All children doing activities require a pair of trainers. Open- toed shoes are not permitted for safety reasons.

**Note:** Children doing outdoor activities require old clothing: long-sleeved tops and long trousers for most activities, even in the summer months. Children will not be permitted to take part in certain activities if they do not have these. On activity days children require a number of different outfits. Clothing that dries easily is helpful.

**Please ensure that personal belongings/equipment has child name.**

- **SLEEPING BAG**
- **PILLOW**
- **TOWEL**
- Hair ties for students with long hair
- Water bottle
- Pens &/or pencil for quiz and language modules
- Working TORCH (a basic head torch is practical)
- Sun protection and or hat/cap
- Mosquito protection
- If on medication, a suitable carrier for the medication
- Please restrict luggage to one case plus one piece of small hand luggage.

**Spending Money:** This is not essential, but children may wish to have some money to spend on souvenirs or tuck. The advised amount is no more than €30.

Children will need €5 to gain entry to Albert Museum.