



Swimming at St Mary's Catholic Academy

Meeting National Curriculum requirements for swimming and water safety	Percentages
% of children who can swim competently, confidently and proficiently over a distance of at least 25 meters	68%
% of children who can use a range of strokes effectively (for example, front crawl, breaststroke and backstroke)	71%
% of children who can perform safe self-rescue in different water based situations	42%